Table’s of manuscripts; Personality and Emotion Regulation Strategies

Table 1

Summary of the results of multiple regression analysis with *stepwise* method on the contribution of personality to emotion regulation strategy

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Personality** | **SS** | **SM** | **AD** | **CC/**  ***Reappraisal*** | **RM/**  ***Suppression*** |
| **Extraversion** | -.098\* | .384\*\* | .111\* | .337\*\* | -.412\*\* |
| **Agreeableness** | -.065 | .309\*\* | .163\*\* | .450\*\* | -.048 |
| **Conscientiousness** | -.125\* | .257\*\* | .004 | .319\*\* | -.177\*\* |
| **Neuroticism**  **Openness** | .312\*\*  .011 | -.087  .241\*\* | .169\*\*  .046 | -.224\*\*  .173\*\* | -.084  -.038 |
| Information: \*=p<0.05 \*\*=p<0.01; SS = *Situation selection*; SM=*Situation modification*; AD=*Attentional Deployment*; CC=*Cognitive Change*; RM= *response modulation*. | | | | | |

Table 2

Summary of the contribution of personality to emotion regulation strategy

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**Personality SS SM AD CC/Reap. RM/Supp**

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Extraversion 0.34% 10.94%\* 1.89% 3.63% 22.69%\*

Agreeableness 0.09% 5.64% 2.40% 15.88%\* 0.67%

Conscientiousness 0.87% 1.97% 0.01% 4.21% 2.05%

Neuroticism 9.76%\* 0.79% 4.11%\* 1.87% 2.46%

Openness 0.07% 3.52% 0.27% 1.15% 0.31%

Total effective contribution: 10.45% 21.29% 8.66% 26.74% 26.22%

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Information: \* = the highest contribution obtained from personality factor to emotion regulation strategy SS = *Situation selection*; SM=*Situation modification*; AD=*Attentional Deployment*; CC=*Cognitive Change*; RM= *Response modulation*.